



HEALTHY  
LIFE

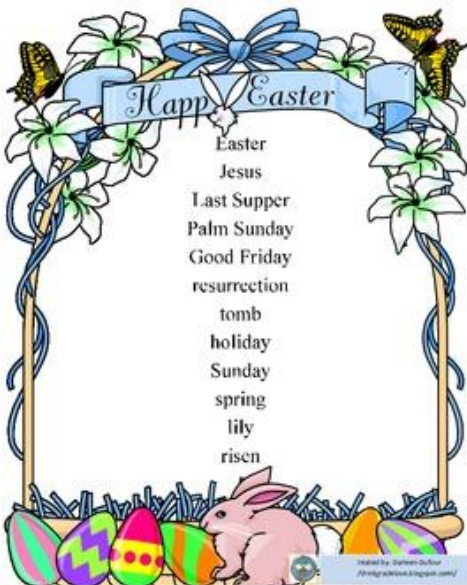
TOGETHER  
5

## ACTIVE BREAK

### Spelling Tag

Putting an Easter theme on this activity.

Children are in pairs, each devise or are given a list of spellings:



Taking it in turns each child performs an action/activity while spelling a word, partner checks.

Suggested activities could include: jogging on the spot, high knees, holding plank, side steps, press ups, squats, star jumps etc.